

Fall 2008 Edition
November 10, 2008



RUMINATIONS

THE HIPPOCRATIC COUNCIL NEWSLETTER



Back to School-lich...

Hey Everyone!

We have had quite the start to the school year and November is already upon us. Time flies when you are having fun! The new 2012 class was welcomed with an incredible Orientation Week to which we owe a big thank you to our O-Week Coordinators, Amanda Jasudavisius and Scott Somerville, for doing such an amazing job!

Soon after classes commenced, Hippocratic Council elections were held and were followed shortly thereafter by the 2012 Class Council elections. Both councils have the unique challenge of having student members in both Windsor and London alongside a wonderful opportunity to positively influence both communities! Once elections were finished, council was able get started on their respective portfolios and indeed is in full swing.

Schulich now has over 60 clubs and interest groups that students can participate in! This is due in part to the great communication between these groups and students, as well as new student initiatives adding to our clubs repertoire. Another big thank you goes out to Brad Rowe, Kelly MacDonald, and Ashley Geerlinks who have worked incredibly hard to create (and balance ☺) this year's budget and fund these groups appropriately.

The excitement has continued with many social events, guest speakers, volunteering opportunities, fundraising initiatives and more! Some highlights include:

- *Windsor to London weekend* (October 31st – November 2nd)

The weekend was an opportunity for the students from both campuses to get together London and interact through a variety of events and activities

- *United Way StairClimb* (November 6th)

A meds team took part in the annual fundraiser where participants climb London's tallest building, One London Place. We had close to 15 team members and raised over \$500 for United Way.

- *Dean's Town Hall Meeting* (November 10th)

Various topics were discussed, including:

- Decanal Selection Process
- Centre for Global Health
- CPSO's Alternative Pathways and health human resource planning
- Accreditation Update
- The Future of Medical Education Project

Some upcoming events that Hippo Council members are involved in include:

- *Strategic Planning Retreat* (December 4th to December 5th)

Student, staff and faculty representatives from the many departments within Schulich will discuss and plan for the future of Schulich

The process of selecting a new Dean for the Schulich School of Medicine and Dentistry has also begun. Dean Herbert's term will be ending in the spring of 2010, and in anticipation of this, a Decanal Selection Committee with one or two student representatives will be formed to choose the new Dean.

An important focus of this year is the continual integration of both the London and Windsor campuses in terms of academics, extracurricular activities, and social interactions. We are two campuses united at one school! There are many initiatives already underway to facilitate this process, and we will keep working hard to come up with new ideas and projects.

We hope that this newsletter will update you on many of the activities that Hippo has been doing over the last few months, as well as make you aware of upcoming events. If you have any questions, comments, suggestions, or concerns please don't hesitate to send me an email at sknowles2011@meds.uow.ca.

That's it for now ... good luck with the rest of the semester!

Sarah Knowles
President, Hippocratic Council



Windsor



London



Insider Info: VP Internal Update

The beginning of another school year brings new excitement to Schulich in the form of our very first satellite campus, now in full session in Windsor! Twenty-four members of the graduating class of 2012 have moved into their new accommodations in Windsor and are off to a fantastic start in their medical education. Integration of videoconferencing technology as part of the daily routine for both Windsor and London campuses has met its fair share of challenges in the past weeks, but the dedication and cooperation of staff, faculty and students has resulted in the speedy resolution of issues as they arise and the transition on the whole has been relatively smooth.

In order to further facilitate the integration of both the London and Windsor campuses, a new committee, the Schulich Windsor Integration Committee (SWIC), was formed as an offshoot of the Student Affairs Committee (SAC) towards the end of the 2007-2008 academic year. Headed by Mario Elia and Vikram Velker (SAC representatives for the 2010s), this committee was designed as a think-tank with the mandate to provide anticipatory guidance to the Windsor Campus Coordinators Jr. and Sr. (Eamonn Rogers and Lindsey Manor respectively) and administration at both sites regarding integration issues relating to typical

medical student activities and issues. The committee has tackled several issues thus far including videoconferencing of Hippocratic Council Interest Group events and speakers, the coordination of the fall clothing sale between the two campuses, and the first Windsor-to-London weekend, which will be occurring from October 31 to November 2. If you have any questions about the committee or integration of the two campuses in general please feel free to contact me, Mario or Vikram.



University of Windsor first-year medical students Craig Campagna and Melissa Tenbergen, both 22, pose in front of the medical building under construction at the institution Tuesday, Sept. 2, 2008. The students are among 24 of the first ever medical class at the university.

Photograph by : Dan Janisse, The Windsor Star

experiences from the student body and will be available in early January to coincide with the Summer Opportunities Fair. The housing guide will be updated to make it more user-friendly for incoming students who are unfamiliar with London geography, as well as to include a section for students seeking accommodation in Windsor. The funding guide as well as the electives guide will also be updated and redistributed. Finally, Project THINK will once again be made available to students so they can see an insider's perspective of various medical specialties. As always, SAC's purpose is to provide a forum for any student non-academic concerns to be discussed. If you have any issues you would like addressed, please contact myself, or the SAC reps in your class.

Now you're in the know,
Liz Randle



The World According to the VPXs

Finally, SAC has once again undertaken the task of improving some of the resources that are available to students to address common areas of concern. The Summer Opportunities Guide will be updated with new subjective



On September 26-28th, your loving VPXs voyaged to the far Eastern province of Nova Scotia. Amongst the beautiful costal setting of Halifax, **John S** and **Caitlin S** joined medical students from across the country for the Canadian Federation of Medical Students (CFMS) annual general meeting (AGM). This year many hot topics flooded the agenda including distributive medical education, clinical electives, and the recent debt principal and interest payment deferral plan for Ontario students. Advancements in debt referral and clerkship stipends resulting from the tenacious efforts of medical students from previous years are highlighted in the Tentative 2008 Ontario Physician Services Agreement. As Schulich welcomes the inaugural year of the Windsor campus, the challenges and opportunities of distributive medical education (DME) discussed during “break-out” sessions at the AGM were of particular interest to our reps. New proposals introduced at the meeting were the development of a position paper to explore implementing a common application for electives (so stay tuned!). Finally, our very own, John S, was elected by a landslide vote to become one of the Ontario Regional Representatives on the CFMS. In conjunction with the CFMS AGM, the Ontario Medical Students Association (OMSA) also held a meeting to elect their new executive, where UWO’s **Andrew Vellathottam** was invited to continue his role as Chair of the organization. After our meetings wrapped up, our fearless VPX Sr—also a multi-talented Aquameds leader—organized an early evening swim at a nearby



pool before exploring the nightlife. On our final evening in Halifax, CFMS reps enjoyed a scrumptious lobster feast at a local restaurant.

Back on campus, if you need your blood pressure checked you can now ask one of the eager first year students! At the beginning of October, the London and Windsor cohorts of the 2012 class purchased their clinical gear at another successful OMSA-sponsored Equipment Day. Over the October 17-19th weekend, first and second years boarded the bus to Hamilton for the annual Ontario Medical Students Weekend. More than 700 students descended upon the Hammer for a memorable weekend of learning... etc.

From your loving VPX's: John and Caitlin



ACADEMIA NUT Cookies, Schulich Style

Hi folks,

2008-2009 is going to be a ground breaking year academically at Schulich. **Distributed medical education** has begun between London and Windsor and feedback from students and faculty is positive. Now that the Windsor 24 are into their classroom, it can only get better.

Our **academic teams** have been chosen and have already started their focus groups and surveys. Please respond to their requests for your input. The more responses we have, the stronger our voice for change.

Course co-ordinators are discussing general **textbooks** that can be used through all the blocks. The academic teams will be asking about the additional resources you use, please fill them in so our



teachers can learn how you learn.

Thanks to the efforts of Mike Bishara last year, **large group exam take-up sessions** will continue this year.

HUMEC meetings begin this month. These are opportunities to bring up academic questions to Dean Rebel. Academic directors and class presidents from all years are invited. If you'd like to be put on the invite list let me know.

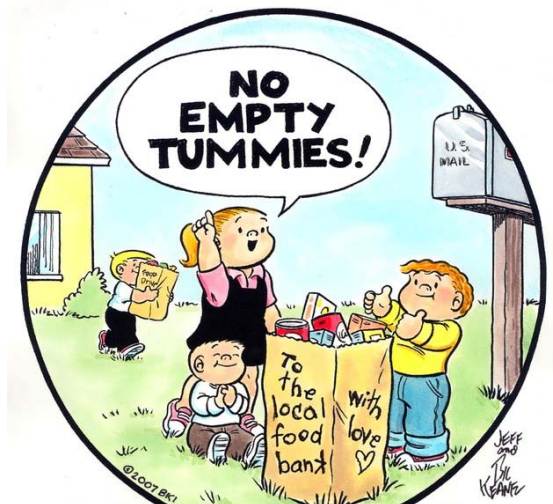
Have a great Fall!
Trish Uniac
VP Academic
puniac2011@meds.uwo.ca

Community Loving...

September was a very busy month for Community Relations, as we worked to get all of the clubs set up and running. There are quite a few new clubs this year (including 3 clubs started by 2012's), which brings the total to 58 clubs!! Clubs Day was held on September 11th and gave the club execs a chance to talk about their club and recruit new members. The next major task for Kelly and Ashley was reviewing and approving all of the club budgets with Brad, our trusty Money Man. After many long hours, a full tray of brownies, some trashy television, numerous spreadsheets, and crazy number crunching by Brad, the budgets were complete! All of the clubs have now received the details of the funds that have been allocated to them so get ready for some great club events in the upcoming months.

Make sure the check out the OWL Events Calendar. Once you log into OWL and have clicked on "Schulich - MD Curriculum 2008-2009", the Events Calendar will be on the bottom of the list of links. The Calendar is continually being updated with important deadlines and events. There will be some new colour coding shortly so that you are able to view all of the events, only the London events, or only the Windsor events (including those videoconferenced from London). Also, make sure to view your personal calendar on UWOMeds.com, which shows all of the meetings & events for the clubs that you are subscribed to.

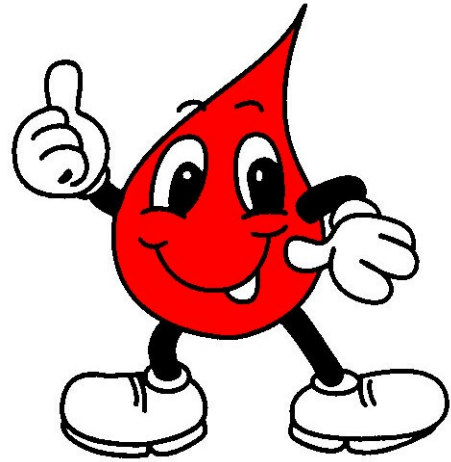
The Community Relations team also organized a Thanksgiving Food drive in support of the London and Windsor Food Banks. Food was collected at both campuses and at the Homecoming kegger. Thank you to everyone for their support and donations. The food bank really



appreciates our contributions.

In the coming weeks we will be working to arrange the first blood drive of the year. Keep an eye out for details of club related events during the upcoming Windsor-London Halloween Weekend.

Yours,
Kelly and Ashley
Community Relations



Wisdom from the Past

Hello from Ottawa!

Hard to believe we are already well into October! Here's a bit of info in terms of what's been going on in my neck of the Hippo woods.

First off, thanks to everyone who voted in the Hippo Fall Elections. We had a good turnout to the polls, and in the end, we've ended up with a great Hippo team for the 2008-2009 year! Congrats again to Caitlin S (VP External Jr), Dax B (GHL Jr), Ashley G (Community Relations Director Jr), Natashia S (Athletics Director), Andrew H (Social Director), Mina F (USC Rep), Eamonn R (Windsor Campus Coordinator Jr), and Chris G (Class of 2012 Prez), who all just joined on! I'm looking forward to the working with the new crew over the year! As a throwback to the old crew, I've included a pic from last year's Council for your perusal!

Second, I wanted to take this opportunity to talk about the Hippocratic Council constitution which I will be reviewing this year with our VP Internal, Liz R. The constitution has been reviewed and updated in the past, however this year my goal is to provide it with an overhaul to ensure that it is current and cohesive given the number of changes in the Council and its functioning over the past few years. Stay tuned, as in the new year, I'll be seeking your input on a few topics related to the review.

Last, I had the opportunity to attend with our VP Externals, GHIL's and a contingent of other students from Schulich, the most recent Annual General Meeting of the CFMS in Halifax back in September. Many topics were discussed including the new debt deferral plan brokered between the OMA and the provincial government (with a good deal of input from our student lobbyists!), as well as services offered by the society, and the upcoming new user-friendly website launch. John S and Caitlin S will be putting together a presentation on the CFMS and its services in the near future so stay tuned!

That's it from my end! Now it is back to CaRMSing and electives for me...such are the joys of 4th year!

Dave.
Past Prez



Hippocratic Council 2007-2008

Class of 2012



The medicine class of 2012 has landed! An amazing Top Gun themed o-week put together by the phenomenal 2011's (thank you) made us feel right at home here Schulich. We were given two brand new rooms in both London and Windsor which we are also now happy to call home. We've had no problems adapting to the videoconferencing between the two centres which has worked beautifully, however the same potentially can't be said for our baby boomer instructors! (just kidding of course). We recently finished our first medical school exam and survived, and now look forward to tackling infection and immunity! We've come together very well as a class and put on an amazing homecoming, complete with a replica fighter jet! As our first Windsor/London integration weekend approaches, we look forward to continuing the strong bonds we've created and move forward as Schulich medicine's class of 2012!

-Chris Gall, President Meds 2012

Class of 2011



The Junctional Rhythm blew the doors off of the wave this past Saturday! The class band blended funk, rap, boyband angst, rock, and metal into a cornucopia of musical genius. They are all visionaries.

With King Faisal supplying food, a free drink with your ticket, and the heaviest rap lyrics this side of Brooklyn, we were able to raise roughly \$3500 for Sleeping Children Around the World. Special thanks go to The King, Elise Dalton, Jeff Hawel, and JR for putting this whole thing together. Many others put in a lot of time as well. You guys are great!

The 2011s are knee deep in crap right now. The GI block is in full swing and so we're navigating the waters of the alimentary canal with great enthusiasm. It's full steam ahead until we right our block exam Wednesday, Nov. 5th. The class is celebrating afterwards with a 2011 potluck followed by a trip to Call the Office. We ask you to join us as we open our hearts and minds to the power of Funk Night at CTO. You will be moved.

- Greg Devet, 2011 President

Class of 2010

Hey all,

With all the 2010s getting their first month and a bit of in hospital training, there isn't too much to report from us. We've still been managing to enjoy social events, and have been trying to stay in the mix with student councils, clubs and athletics!

Take care,

Brent Mollon
President, Class of 2010



Class of 2009

There are a lot of challenges in fourth year, not the least of which at this point seems to be finding a place to sleep from week to week.

The fourth year class is currently spread across Canada and the rest of the world doing electives in a range of specialties and programs. It's hard to believe that we are all nearing the half way mark of our total 16 weeks of electives but I suppose this shouldn't be so surprising as the majority of people are having an excellent time.

While enjoying whatever city we may be in, we are also working towards the completion of our CaRMS applications. The process of collecting documents, writing personal statements and making decisions all seems to be happening so quickly. It's only a matter of time before we'll be going through interviews and then the match process.

In early January the class will make its way back to London for the beginning of the Transition period. A chance to further our learning, polish our skills, meet some of the new Schulich students and find out what has changed with friends over the past four months.

Right now, enjoy electives. Responsibility is just around the corner.

From wherever we are in the world right now,
Cheers from the Class of 2009.

Money, Money, Money...

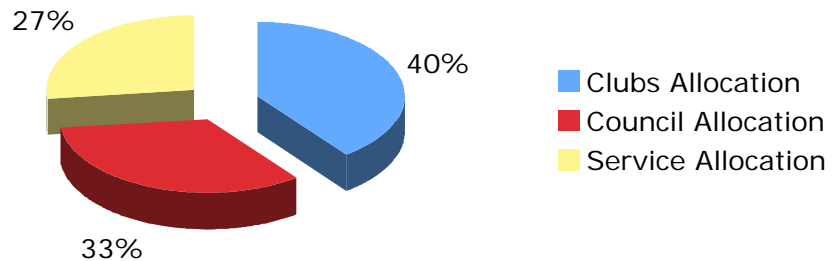
It was a busy start to the year for the VP Finance portfolio (but I managed to pull it off with the help of a few key players – special thanks to Kelly and the Dave(s)). The annual budget was allocated and passed at October's full council meeting. The total budget is up this year to

\$51,491.47 from \$49,155.44 last year thanks to a carry forward of \$14,629.35 from 2007-2008. Council spending was allocated at \$17,120.00 or 33% of the total budget. Club spending has increased markedly from last year due to an increased interest and new clubs created (59 clubs vs. 48 from last year). The clubs allocation this year was \$20,444.75 or 40% of the total budget (up from a 37% allocation in '07-'08). The third large allocation this year was for Hippocratic Council services such as OMSW/Medgames bussing subsidies, class transfers, and the Hippo contribution to Orientation week. These and others received the remaining 27% of the budget allocation this year. As of this writing clubs have spent 2.5% of their allocation, but I expect this will pick up markedly as the clubs get rolling and more events occur.

A large part of my role this year will be to aid the Fundraising Director in the facilitation of the new Partners In Excellence (P.I.E.) fundraising initiative, which allows us (Hippo, Tachy, Oweek and the Class of 2009) to approach potential sponsors as a unified group. Special thanks to our title sponsor this year Scotiabank, for their donation of \$25,000. PIE will also be looking for continued sponsorship from other groups such as our faculty, who have been strong supporters in the past.

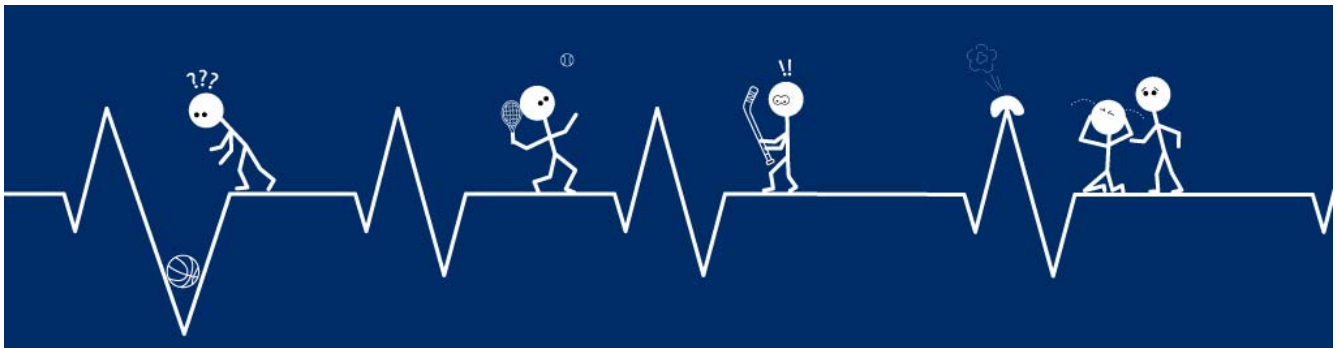
That's all from my end, I look forward to a wonderful and successful year with our Hippocratic Council!

Cheers, Brad, VP Finances



Ready, Get Set, Go! Athletics Update

Filling up in record time this year....the one...the only....MedGames is to be held in the wonderful city of Montreal on the weekend of January 10-12, 2009. Schulich will be representing with almost 200 participants and I have no doubt that we will surpass expectations once again as Ontario's first-placed medical school! With 18 sports (including water-polo, ball hockey and jorkyball?) and 14 parasports (including Dance Dance Revolution, Rock Band and sumo) there's something for everyone, even the less athletically-inclined. Registration for sports and events will take place in the coming weeks, followed by captain-assignment and training sessions. Also, we are looking for an original and fun theme for Team Western this year so if you have any ideas, let me know!



Natashia Seemann
Athletics Director

Tachycardia 2009!!!

Tachy 2009 is all set to make waves! We hope you've marked your calendars already for April 16, 17, and 18 of 2009. We are proud to announce that Tachycardia will be supporting the Aids Committee of London charity for the fifth year running. In addition, the India Health Initiative, Medical Students in China, and Meds Outreach will be present the nights of the show, so don't forget to support these worthy organizations!



Tachycardia's Fundraising Directors, Eva Knifed and Sarah Thompson have a whole slew of events

planned, so keep a watch out for those in the countdown to Tachy. And we hope all the classes have already gotten started on their stellar productions *hint, hint*!

The Producers are always on hand to answer any questions/comments you may have, so shoot us an email!

The Tachycardia Producers
Amber Menezes, Susan McNair, Stephen Zborovski

From Around the World

This autumn's global health initiatives are falling around us like leaves! There many ways to get involved and we already have accomplishments to celebrate! Here are some of the exciting updates:

- *MedLink* connects students at Schulich with students at the National University of Rwanda. Stephen Zborovski is heading the project this year and writes, "After last year's successful start, the MedLINK program is back and better than ever. This year will focus more on the getting-to-know-you aspect, especially what it's like being a medical student in another country. Right now, the Canadian executive is working with the Rwandan executive on the new vision for the program and we hope to have it ready and on its way in November. Approximately 80 students (40 from each country) will be participating in the program this year." Contact Stephen (stephen.j.z@gmail.com) for more information.
- *Pre-departure training* is coming to Schulich! If you are interested in global health and/or thinking about traveling abroad (on an IFMSA or otherwise), book the **weekend of February 26th** off on your calendar! The first of its kind, the weekend will be pack with knowledge pivotal for the medical student learning or researching in a developing country. The conference will emphasize cultural awareness, health issues and ethical considerations in the clinical context! Our team is looking for volunteers to make the weekend happen. Please join us if you are seeking a great project. Contact me, Dax Biondi (dbiondi2011@meds.uwo.ca) for details.
- The *Hungry for Change Gala* is a fabulous evening run for you! That is, if you are a medical student who wants to do an elective in a resource poor area. Its goal is to raise money to help fund medical students to learn and research in needy places! Research shows that, among other positive impacts, students who participate in such electives perform better on the medical licensing exams and work harder during their careers to alleviate health disparities both at home and abroad. Proceeds from the evening's silent auction will go to help Huruma Children's Home (Kenya). Please plan to attend the event on **March 6th** and invite your physician facilitators too! Please visit www.schulich.uwo.ca/hfc for details!
- *HealthForAll.ca* is a Canadian Federation of Medical Students initiative. It is an amazing resource to learn about global health issues. Check out the developing country medical elective student review database for ideas and tips!



- The *Global Health Office of the Schulich School of Medicine and Dentistry* is a brand new addition to our faculty! The administration is in the process of recruiting an office director and it is slated to be up and running by the winter term. According an Association of Medical Faculties of Canada report, "The majority of medical schools lack a global health office or coordinating staff, which may contribute to the haphazard situation that currently exists in Canadian medical schools." This office will be a huge resource for our student global health initiatives!
- *Give a day* (to AIDS) is a fundraiser started by a family physician from Toronto. Dr. Jane Philpott encourages her medical colleagues to donate one day's salary to help fight the HIV/AIDS epidemic. You can help too! We don't have salaries but we do have time and energy! World AIDS Day is December 1st. If you would like to help put the epidemic on the Schulich map, please contact your Global Health Liaison officers! Dax (dbiondi2011@meds.uwo.ca) and Mike (mflatnik2010@meds.uwo.ca)
- The *Global Health Speaker Series* is sure to inspire you over the coming school year. Your Global and Environmental Health Interest group (GEHIG) in conjunction with passionate faculty who work to promote global health awareness are bringing in 4 huge speakers to tickle our ears. Keep your eyes peeled for James Orbinski, past president of the International Council of Médecins Sans Frontières, in late January, Ishmael Beah, author of *A Long Way Gone: memoirs of a boy soldier* in early February, Raj Patel, author of *Stuffed and Starved* in late February and Samantha Nutt, physician and cofounder of War Child Canada, in late March. You will not want to miss these!



- The *GEHIG Speaker Series* promises another great lineup! We welcome Dr. Cohen-Kohler in late November to speak on pharmaceuticals and Dr. Jane Philpott back again to speak to us about global health ethics in late April. Keep your eyes up for more info.
- The *Refugee Health Project* or *TRAUMA* is an exciting new Schulich student initiative running in conjunction with the London Cross Cultural Learning Centre. Its audience is second year students

so eager 2012's, stay tuned for next year! Dr. Bhayana is over seeing the project. We have an amazing opportunity to work at the centre with refugees and recent immigrants, take a thorough history, gain valuable experience working with translators and offer a vulnerable population a friendly and perhaps first, encounter with the Canadian medical system. Mandatory training is to take place on Thursday November 13th, at 6pm. Contact Paula (psuffoletta2011@meds.uwo.ca) for details!

Thanks for reading!
 Your Global Health Liaisons,
 Michael Slatnik (Sr) and Dax Biondi (Jr)

A Message from Dean Herbert

Dear students,

Our major projects for this fall in terms of medical education are the launching of the Windsor Program, including videoconferencing of lectures between Windsor and London, and preparing for an accreditation limited survey from April 19-22, 2009. The Windsor Program is in full operation, though our students and faculty have been patiently awaiting completion of the Medical Studies Building and have also weathered a strike at the University of Windsor. We appreciate very much the patience and tolerance shown by the "Windsor 24". We also appreciate how Windsor-based faculty and the hospitals stretched to ensure that students would be inconvenienced as little as possible during the strike.



Videoconferencing of lectures is working well, and I understand that some of our professors are actually relishing their new careers as film stars. We expect lectures presentations to become even stronger, once people get used to the technology. Again, thanks to all of our students for your tolerance for our learning curves in this first year of the new delivery system. There is nowhere to hide with videoconferencing, so gone forever are the days of med students' sleeping at the back of the classroom!

The Undergraduate Medical Education Office is working very hard to ensure we meet all of our accreditation milestones, so that we will have a positive outcome to our spring review process. The survey visit is a way-station: evolution of educational organization, content, and processes is ongoing, as we continue to strive for the Best (medical) Curriculum on Earth. You can expect change, but change that will be informed by student experience and preference, and constant reflection on our practices.

I hope you have noted the new wall mounted plaque, posters, and brochures, that remind all of us at Schulich Medicine & Dentistry of our commitment to Professionalism and its four pillars: altruism, integrity, responsibility and respect. As faculty, we aspire to live our values so that we can be role models for those whom we teach; as students and residents, you are the role models for the learners with whom you study and work. These values apply also to our collaboration with colleagues from other health professions to learn and to provide patient-centred care.

All the best,

Carol Herbert
Dean

Fun-Fun-Fundraising

As this year's director I look forward to making this year better than ever, working hard to raise funds to support Schulich students. As fundraising director I want to extend a sincere thank you to all of the Hippocratic Council's sponsors from 2007/2008, and now for 2009.

Many Schulich students may be unaware of the incredible contribution that many corporations and community members make to help enrich and improve the Schulich experience for all students. The Hippocratic council, through the generous donation of such parties, is able to fund Tachycardia, Orientation week and Graduation ceremonies, as well as help every Schulich club meet their budgeting goals for the academic year. Through the implementation of the 'Partners in Excellence' sponsorship program, students and donors have recently been working together to raise these funds.

In short, without the funds that the Hippocratic council raises, many of Schulich's great traditions would not be possible, and at the same time, many of Schulich's innovative student initiatives could not be launched.

Thank you again to those who support what we do here at Schulich,
And congratulations to those students who make these initiatives a reality,
Looking forward to a great year,
Cheers from the 2008/2009 Fundraising Director,

Elena Paraskevopoulos

And, Finally....

I hope that you all enjoyed this newsletter.
Look for the next one in the winter term. In the meantime, best of luck on your exams, clerkship rotations, electives, and CaRMS applications!

Carly Ng,
VP Communications



P.S. To book a VC room, email roombooking.schulich@gmail.com

